

Media Release

For Immediate Release: 5 February 2010

New Nunawading office opens opportunities for mental health service provider

The dream of centralising Mind's Central-East mental health services under one roof has been realised with the opening of a new regional office in Nunawading.

Mind is one of Australia's largest mental health providers and works with people living in the community, by supporting them and providing access to resources as they undertake their journey of recovery from severe mental illness.

The new regional office will become an easy access point for Mind's clients, their families and the wider community, living in Melbourne's eastern suburbs when seeking information and support on mental health and homelessness.

Mind CEO, Gerry Naughtin said: "Bringing together a number of specialist support services means we are able to offer clients access to a greater range of integrated resource opportunities and services, allowing us to reduce the likelihood of a client falling through a gap in the current system and enhancing their recovery."

The move brings together seven programs that previously operated from temporary office space, including programs that support people experiencing severe mental health difficulties, homelessness, and drug and alcohol issues. The new office will also support a number of residential and community outreach services Mind operates in the cities of Boroondara, Whitehorse, Manningham, Monash, Knox, Maroondah and the Yarra Ranges.

By bringing these services under one roof, Mind can ensure clients receive better support and that staff benefit from sharing information and training for a higher standard of care for clients.

"The Nunawading office has opened many exciting opportunities for Mind programs in the region to share resources, learn from each other, share experiences and strengthen partnerships," said Regional Manager, Julie Lengyel.

"We're located close to public transport, shops, cafes and major roads, which means our services are now more accessible to the community, clients and their families," Ms Lengyel said.

Mind has 88 programs operating in Victoria and South Australia and the eastern regional centre is the first of a number of new centres Mind will be opening in Victoria in the next 12 months.

Official opening: 1PM on Monday 8 February.

Who: The Honourable Lisa Neville, Minister for Mental Health.

Where: Mind's Nunawading office, 353 Whitehorse Road.

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Note to Editor: More information on the Nunawading Regional Centre's services is available on request.

About Mind: Mind has been operating for more than 30 years and is one of Australia's largest not-for-profit, non-government providers of mental health services to people recovering from a mental illness. Mind also assists people who are homeless or at risk of homelessness to access community services including safe and stable accommodation.

Each year, Mind helps more than 3,000 people across Victoria and South Australia to rebuild their lives, reconnect with family, friends and the community and rediscover a purpose in life. www.mindaustralia.org.au