

## Media release

**19 October 2023**

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*Caption: Mind Australia CEO Gill Callister and Palmerston CEO Emma Jarvis are excited to join together to strengthen mental health and alcohol and other drugs support.*

### **Mind Australia and Palmerston announce partnership**

Mind Australia (Mind) and Palmerston Association (Palmerston) have forged a new partnership to provide increased integrated support to people experiencing mental health and wellbeing concerns and alcohol and other drug (AOD) issues.

This month the two organisations signed a Memorandum of Understanding which will see them come together in a collaborative partnership to expand their service offering to more people in the community. In formalising this arrangement, the organisations commit to delivering integrated services to address systemic barriers that people experiencing mental health and wellbeing concerns and AOD issues often face trying to access support.

It follows two years of working together to deliver the [Peel Active Recovery Team](#) service and the [St James Transitional Care Unit](#); both in Western Australia.

Mind and Palmerston will combine their unique capabilities to develop innovative psychosocial and rehabilitative models that will improve the lives of people experiencing mental health and wellbeing concerns and co-occurring alcohol and other drugs issues.

Bringing together a multidisciplinary workforce, the integrated models will be evidence-based, trauma-informed and culturally safe, with people at the centre of care.

Members of Palmerston's Executive recently joined Mind on a tour of Mind sites across Queensland and Victoria to see first-hand the collective impact that this partnership will have for people experiencing mental ill-health and AOD issues.

### **Quotes attributable to Mind CEO Gill Callister PSM**

“Mind is delighted to partner with Palmerston which will enable us to strengthen our ability to provide wraparound services to the people we support and help them achieve their goals.”

“Palmerston is a trusted and valued organisation which aligns with our values and our commitment to improving the lives of people experiencing mental ill-health and alcohol and other drugs issues.”

“We aim to leverage each other's strengths to provide truly person-centred support with integrated psychosocial and rehabilitation treatment and care.”

**Quotes attributable to Palmerston CEO Emma Jarvis**

“We are excited to be formalising this partnership with Mind Australia, a leading and trusted provider of community-managed psychosocial services in Australia.”

“We come together with a shared vision to improve the lives of people experiencing mental health and wellbeing concerns and co-occurring alcohol and other drug issues.”

“We are excited to sign this Memorandum of Understanding; the next step in a long and fruitful partnership together.”

**About Mind Australia**

Mind is one of the largest providers of community-managed psychosocial services in Australia, with a range of residential, mobile outreach, centre-based and online services.

Find out more at [mindaustralia.org.au](http://mindaustralia.org.au)

[Gill Callister CEO talks about Mind Australia](#)

**About Palmerston**

Palmerston Association is a leading and respected not for profit provider of alcohol and other drug services. We have a rich and proud history of providing culturally safe treatment and support through a range of services including counselling, groups, residential rehabilitation and educational initiatives to clients and their families seeking support and treatment.

Find out more at: [palmerston.org.au](http://palmerston.org.au)

**What is psychosocial support?**

[Psychosocial supports – like the kind provided by Mind Australia](#) – help people with mental health and wellbeing issues manage daily activities, rebuild and maintain connections, engage with education and employment, and participate fully in the community. These are supports which help people take positive steps in their recovery journey and are the foundation of Mind’s services.

**For more information or to arrange an interview with Mind CEO Gill Callister or a Mind representative, please contact Mind Communications Manager Max McLean at [max.mclean@mindaustralia.org.au](mailto:max.mclean@mindaustralia.org.au) or on 0497 333 545.**

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