

# Be part of designing a new community wellbeing support in Greater Shepparton

Would you like to shape a new community-based program that can provide immediate compassionate support to anyone who is feeling overwhelmed or going through a challenging time?

## Who can take part?

People who have experience of being in distress.

People who have supported someone they love in distress or who do this at work.

## What's involved:

- Join a group of locals to shape this service from the ground up
- Build an approach that truly works for the Greater Shepparton community
- Time commitment: Seven half-day sessions between mid-February and April 2025, held on Tuesday mornings
- You'll be paid: \$231 for each half day

## Have questions?

Please contact Jacquie Simpson on [jsimpson@primarycareconnect.com.au](mailto:jsimpson@primarycareconnect.com.au) or Harriet McDougall on [harriet.mcdougall@mindaustralia.org.au](mailto:harriet.mcdougall@mindaustralia.org.au)

## Express interest:

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