

Transitional Recovery Program (TRP) – Rockhampton



The Transitional Recovery Program (TRP) is a residential support service for people who have been accessing long or short term acute care at Rockhampton Hospital and are ready for discharge, but require extra support before returning to independent living.

About the service

The Transitional Recovery Program uses practical and therapeutic approaches to support people to build their independence, stabilise and self-manage their mental and physical health, set goals, and engage successfully in their local community.

Participants will receive support for up to three months in a residence in Rockhampton, where they will be able to access up to 24/7 support as needed.

If further support is required, they can receive up to nine months support at a second residence. Support at the first residence is free, but participants at the second residence will be charged 25% of their income for rent.

Up to six weeks of outreach support will be provided to participants once they exit the program, to further support their transition to independent living.

Who this service is for?

This service is for people aged 18+, who are currently accessing long or short-term acute care at Rockhampton Hospital.

How to access?

Central QLD Hospital and Health Service will facilitate referrals into this service. Participants must be involved in acute care at Rockhampton Hospital.

Funding types available
Free

Duration
Up to 12 months

Age Range
18+

Why choose Mind for in home and community support services?

Mind Australia provides individualised, evidence-based and recovery focused support to more than 11,000 people experiencing mental health and wellbeing challenges in Australia every year.

Mind partners with health, community, and government organisations to provide holistic support and a safe environment for people experiencing mental health and wellbeing challenges to live in the community.

Mind is one of the largest providers of community-managed psychosocial services in Australia with a range of residential, mobile outreach, centre-based and online services. We are a leading employer of people with lived experience of mental health challenges, recognising their unique ability to connect with and motivate clients and guide recovery.



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Mind Australia supports



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