

The Peer Healing Space



The Peer Healing Space is a lived experience residential service for people who are experiencing distress or mental health challenges.

It is a free mental health service that can provide short-term care and support in a home-like setting for people aged 18 years or older. They can stay at the site for a few days or up to three weeks. It is run by people with lived and living experience of mental health challenges.

The Peer Healing Space is located in Geelong. It has gardens, shared indoor spaces, and room to rest, connect, and heal in your own way.

A stay at the service is your choice. You do not have to stay if you do not want to and you can leave at any time. There are no uniforms, no locked doors, and no forced treatment.

What guests can expect

- Support from peer workers with lived experience
- One-to-one support
- Group activities to help you connect with others
- Shared meals and outings in the community
- Support when you are feeling distressed
- Your own bedroom and private bathroom.

What we ask from guests

- Work with us to help keep the space safe
- Tell us when you're coming and going
- Follow the mutuality agreement
- Do not bring alcohol or other drugs on site
- Manage your own medications (if needed).



How The Peer Healing Space is different

This service is run by peer workers – people with lived experience of mental health challenges. It provides another alternative to hospital.

You will still be able to access any support you are currently receiving. Planned visits are welcome.

Interested?

If this sounds right for you or someone you know, please complete the referral form by scanning the QR code below. This will help us understand your support needs.

Contact us

For more information visit mindaustralia.org.au or contact:
Mobile: 0456 537 421
Email: thepeerhealingspace@mindaustralia.org.au

Please scan the QR code here to complete the PHS Exploration of Needs Form



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