

Professional Practice for Peer Workers

A five day professional development course delivered by Mind Australia Limited

Who is this course for?

The course has been developed for people with a personal lived/living experience of mental ill-health who are:

- employed as a peer worker
- employed in mental health or community support roles and looking to explore other career opportunities
- volunteering or working casually in providing peer support
- undertaking relevant study and have some understanding of peer work.

Course overview

This professional development course is designed to create a safe space for people to share their lived experience and recovery, and to explore and develop professionally within this unique learning space.

This course will enable you to:

- develop confidence in your understanding of best practice, including the principles, values and practices of peer work
- share part of your story in a purposeful and meaningful way
- discuss issues and challenges related to disclosure when drawing upon your lived experience with clients and colleagues
- reflect upon self-care and explore how to look after yourself to keep well
- discuss personal and consumer perspective frameworks
- explore how to negotiate boundaries
- practice listening deeply and holding the space for others
- further develop your co-design, and co-facilitation skills
- appreciate the importance of collaboration and partnerships as pathways to better outcomes.

Facilitator

Mind Australia Limited is one of the country's leading community managed specialist mental health service providers.

This course is facilitated by qualified peer practitioners with a lived experience of mental ill-health who are currently working in the field.

Cost

Full fee \$1200

Concession \$800 for holders of a current Health Care card
(The purchaser of a concession ticket must be the Health Care card holder, and the card must be produced at the course)

Course fees include all workshop materials and catering.

Prices listed are subject to change.



Dates for 2020

Monday 11 May to Friday 15 May

Times

9:00 am – 4:30 pm

Venue

86-92 Mount Street, Heidelberg, VIC 3084

To secure a place

You will need to buy a ticket via Eventbrite - just click the link for your preferred date below:

May [Buy a ticket](#)

Certificates

Participants will receive a certificate of completion at end of course.

Terms and conditions

See the course details on the Eventbrite site.

Any questions?

Contact us on 03 9455 7923 or learning@mindaustralia.org.au



mindaustralia.org.au

Mind Connect 1300 286 463

Carer Helpline 1300 554 660

