

Becoming a mental health peer worker

One-day workshop



The role of peer worker

Authentically and sensitively using our lived experience to inform our work reminds us of who we are and forges a shared horizon that can provide opportunities for guidance and inspiration for our clients and ourselves. Lived experience workers use their unique perspective to inform change within mental health services.

This one-day workshop has been designed for people who would like to learn more about using their lived experience of mental ill-health and recovery in the peer workforce. This course is for consumer and carers.

Peer work in the paid mental health workforce involves:

- learning to keep yourself well with the demands of employment
- utilising the knowledge, expertise and learning you have gained through living with mental health challenges and seeking wellness as a consumer or carer
- using your knowledge about utilising the mental health system as a consumer or carer
- working within specific organisational policies, procedures and processes.

This one-day workshop will provide you with:

- information about pathways to training
- an understanding of the values, principles and practices that are at the core of peer work
- opportunities to engage with people currently employed at Mind in lived experience roles.

Who can benefit from this workshop?

Anyone with a lived experience of mental ill-health and recovery who is thinking about becoming a peer worker and would like some more information about what is involved.

This includes:

- people with no experience in peer work
- people who have heard about or are familiar with the concept of peer work and are seeking further information about training and what the role of a paid peer worker involves.

Further information call: (03) 9455 7916 or email learning@mindaustralia.org.au

To register please complete the registration form attached and email to learning@mindaustralia.org.au

Registration for the day includes afternoon tea, lunch and any workshop materials and handouts.

Date: Thursday 30 November 2017

Time: 10:00 am - 3:30 pm

Venue: Mind Central Office
86-92 Mount Street
Heidelberg VIC 3084
(opposite Heidelberg train station)

Cost: Full fee \$165.00, Health Care Card holders \$100.00
(morning tea, lunch and afternoon tea provided)

Presenters: Representatives from Mind Learning and Development team and the Centre of Excellence in Peer Support (CEPS), Mind peer workers and guest speakers.

mindaustralia.org.au
peersupportvic.org



Mind Australia Limited ABN 22 005 063 589



Centre of
Excellence in
Peer Support

MENTAL HEALTH



Help, hope and purpose

Becoming a mental health peer worker registration form



Training details	
Course name	Becoming a mental health peer worker
Course date(s)	Thursday 30 November 2017
Venue	Mind Central Office, 86-92 Mount Street, Heidelberg VIC 3084

Personal details	
Name (to go on your certificate)	
Organisation name (if applicable)	
Mailing address	
Contact phone number	
Email address	
Dietary or access requirements	
Details of requirements	

Payment details	
Name (person who is paying for the course)	
ABN (if applicable)	
Address	
Cost (GST inclusive)	<input type="checkbox"/> \$165 (full fee) <input type="checkbox"/> \$100 (Health Care Card holder)

Mind admin use only	
Service	Learning and Development
Program code	83800
Account number	1850

Terms and Conditions: Mind will issue an invoice upon receipt of this completed registration form.

**Please return completed form to learning@mindaustralia.org.au
If you have any queries please call (03) 9455 7916**

Mind Connect
1300 286 463

Carer Helpline
1300 554 660

**mindaustralia.org.au
info@mindaustralia.org.au**



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