

Media Release

5 September 2022

The Haven Foundation and Mind Australia mental health support residence to be built in Adelaide

The South Australian government has committed funding to build The Haven Foundation's first residence in South Australia. The 16 unit residence in Clearview will provide 24/7 support to people with significant long-term mental ill-health.

The Haven Foundation residences provide high quality, long-term housing with support to help people living with mental ill-health live life to the fullest.

This integrated social housing and support service is a partnership between Mind Australia and community housing provider The Haven Foundation - a subsidiary of Mind.

The Haven Foundation residences have operated in Victoria since 2011. There are currently six residences providing a home, stability and support to more than 90 people in Victoria, with more in development.

The Haven Foundation residences have been shown to <u>reduce hospitalisations and homelessness</u> for people with mental health concerns, providing stability and security and recovery focused support.

Residents receive <u>Supported Independent Living services</u> for assistance with activities of daily living which are funded by their NDIS packages. <u>Mind Australia's</u> qualified and experienced staff<u>provide</u> 24/7 support for residents.

Staff include peer practitioners who use their own lived experience of mental ill-health to connect with clients and inspire their recovery journey.

Mind is one of the largest providers of community-managed psychosocial services in Australia. Mind has been providing psychosocial support services in South Australia for more than 15 years.

The Haven Foundation and Mind also promote and support the involvement of family, friends and other carers in the lives of residents, as appropriate to each person's needs.

The Haven Foundation's new Adelaide residence will feature 16 one bedroom units with main bedroom, built-in wardrobe, bathroom, kitchen and eating area, European laundry, lounge room and outdoor courtyard or balcony.

The residence will also feature well-appointed communal recreational and lounge areas, kitchen, meeting spaces and on-site overnight facilities for the around-the-clock support staff. The residence will be set in landscaped grounds and provide a great environment to focus on recovery create a sense of community and a place to feel at home.

The Haven residence is expected to open in March 2024.

Quotes attributable to Mind CEO Gill Callister PSM

"Mind Australia and The Haven Foundation commend Minister Picton and the Government of South Australia for investing in this model of support and recovery for people with mental ill-health. We are excited to build South Australia's first Haven Foundation residence."

"The Haven Foundation model is proven to provide stability, independence and a greater sense of belonging, confidence and responsibility to our clients.

"In many cases, residents are able to break a cycle of <u>homelessness and mental ill-health</u> which has led to hospitalisations in the past. Nearly 20% of residents experienced homelessness prior to moving in to a Haven residence in the past 12 months.

"The Haven Foundation residences enable people with significant long-term mental health issues to lead successful and fulfilling lives in the community."

Quotes attributable to Mind Australia Executive Director South Australia Denise Cumming

"Mind has been providing help, hope and purpose to South Australians with mental health wellbeing and concerns for more than 15 years.

"The expansion of The Haven Foundation into South Australia represents a significant step forward in the way in which we provide housing and support to people with significant mental ill-health in this state.

"We're dedicated to providing individualised, evidence-based and recovery focussed support in partnership with health, community, and government organisations."

Quotes attributable to Mind Australia Executive Director Housing Strategy Mark Heeney

"Haven residences feature both individual units and central community areas to give residents the ideal combination of independence and increased social inclusion and engagement.

"With their 24/7 support from Mind Australia, residents learn life skills, like confidence and connection with others, to help build a healthy lifestyle."

For more information or to arrange an interview with Mind CEO Gill Callister or a Mind representative, please contact Mind Communications Manager Max McLean at max.mclean@mindaustralia.org.au or on 0497 333 545.

Images and media release download

Please find images of Mind CEO Gill Callister for download here

About Mind Australia

Mind is one of Australia's leading community-managed specialist mental health service providers with a range of residential, mobile outreach, centre based and online services. We have been supporting people living with the day-to-day impacts of mental illness, as well as their families, friends and carers for more than 40 years.

We provide practical and motivational support that helps people to develop the skills they need to move on, thrive and improve the quality of their lives. We also work with people to address poverty, housing, education and employment.

We deliver our support services in ways that are flexible and offer genuine choice and control.

For more information about Mind, visit: mindaustralia.org.au

If you would like more information about Mind services, please contact us by <u>submitting a form via Mind Connect</u> or phone: 1300 286 463.

If this information raises concerns for you, please call Lifeline on 13 11 14. Aboriginal and Torres Straits Islanders can also call 13 YARN (13 92 76) a 24/7 national crisis support telephone service staffed by Aboriginal and Torres Strait Islander peoples.