

Media release

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Mind to deliver new mental health support programs in Mackay

Mind Australia has successfully tendered to deliver individual and group based mental health support programs in Mackay.

Contracted by Queensland Health, Mind will provide community-based support services in Mackay from late August. The service will be available to people referred by the regional clinical mental health team if they need more support to live well in the community but are not getting that support from the NDIS.

Mind is one of Australia's leading community managed specialist mental health service providers. Mind works with each person to help them overcome the day-to-day difficulties of living with mental illness in ways that are positive and help them live their best life.

This 12 month program begins with some intensive one-to-one support at the person's home or another place of their choice – gradually building to group activities designed to improve resilience, social connection, skills and happiness.

“This is exciting news for Mind and a proud development in our continuing partnership with Queensland Health. We appreciate the recognition of our dedication to clients, their family and carers,” said Mind's Executive Director of Operations, Bronwyn Lawman.

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