




November 2018

Location – Greensborough

20 Main Street
Greensborough VIC 3088

Event	When	
<p>Becoming private rental ready - learning about the rental market</p> <p>The entire process of finding and maintaining rental housing can be quite complex. One needs to get their finances in order, search for properties, inspect them, submit applications, pay the bond, sign the lease, complete the condition report, set up utilities, and the list goes on! All this can be quite daunting for someone who hasn't rented before or someone who has had difficulties managing a tenancy in the past. This course aims to provide students with an overview of the entire process of finding and maintaining rental housing, while providing students with opportunities to develop their rental readiness skills and prepare for the rental market.</p>	<p>Tuesdays 6, 13, 27 November and 4 December 10:00 am – 1:00 pm</p>	
<p>Steps to employment</p> <p>Employment is often identified by people who have experienced mental health difficulties or addictions as representing a key part of their recovery journey. In this course we will explore topics such as setting employment goals, job seeking, application and interview skills, how to best manage the transition back to work, manage personal information in the workplace, seek benefit advice and how to find out about local employment support.</p>	<p>Wednesdays 7, 14, 21, 28 November, 5 and 12 December 1:00-4:00 pm</p>	
<p>Let's get moving</p> <p>This four week course offers students an opportunity to participate in physical activity whilst also learning about motivation, health, overcoming challenges and sustainable changes. It's a fun and interactive course for students of all abilities and skill levels. If you want to kick start a healthier lifestyle in a supportive and dynamic setting come and join us.</p>	<p>Thursdays 8, 15, 22 and 29 November 1:00-4:00 pm</p>	

Stock photos. Posed by models.

Expression of interest to attend any of these courses is invited now!

Visit <https://www.mindaustralia.org.au/eoi-greensborough> and complete the online form or call Mind Connect on 1300 286 463 to enrol over the phone.

If you are an NDIS participant you are able to use your funding to access these courses. If you are not an NDIS participant course fees may apply, please contact us to discuss your options.

Mind Connect
1300 286 463

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