

October 2018

Location – Mile End

73 Henley Beach Road
Mile End SA 5031

Event	When	
<p>Becoming private rental ready – learning about the rental market</p> <p>The entire process of finding and maintaining rental housing can be quite complex. One needs to get their finances in order, search for properties, inspect them, submit applications, pay the bond, sign the lease, complete the condition report, set up utilities, and the list goes on! All this can be quite daunting for someone who hasn't rented before or someone who has had difficulties managing a tenancy in the past. This course aims to provide students with an overview of the entire process of finding and maintaining rental housing, while providing students with opportunities to develop their rental readiness skills and prepare for the rental market.</p>	<p>Tuesdays 2, 9, 16 and 23 October 1:00-4:00 pm</p>	
<p>Exploring the experience of bipolar</p> <p>Experiencing extreme changes in mood and thinking can impact all areas of our lives, our relationships, career goals and aspirations. How people describe and manage these mood changes is unique but there are often common experiences that people share. This course can help to increase your knowledge about the bipolar experience and share personal wisdom in discussion. There is great value in how we learn to manage it and how we find ways through the ups and downs.</p>	<p>Friday 19 October 1:00-4:00 pm</p>	
<p>Peer support work, what is it all about?</p> <p>So you think you want to be a peer support worker but don't really know what it's all about or how to get into it? Come along and speak to peer support workers about their experiences. For those wanting to pursue this career path, this course aims to provide a better understanding of peer work.</p>	<p>Friday 26 October 1:00-4:00 pm</p>	

Stock photos. Posed by models.

Expression of interest to attend any of these courses is invited now!

Visit <https://www.mindaustralia.org.au/eoi-mileend> and complete the online form.

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